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TIME TO GO.

They know the time to go!
The fair clock strikes their outside door
In bold and woodland, and each punctual flower
Has in the signal an obedient hand
And hastes to bed.

The pale sunbeams
Glide on her way with eagerly a gold night;
The violet in its purple cup (upright)
Has in its heart, the dawning columbine,
In its heart, the dawning columbine.

Trop their last countries,
Fit from the scene, and couch them for their rest;
The shadowy hills fly for the sunset rest
And hide it 'neath the grasses' lengthening green,
Fair and serene.

See sisterly floats
On the blue pond and raises golden eyes
To court the golden splendour of the skies,
The sudden signal comes, and down she goes
To find repose.

In the cool depths below
A little later, and the azure blue
Depart in crowds, a brace and cherry crew;
While golden red, still wide away and gay,
I run him away.

For his bright parade,
And, like a little hero, meets his fate.
The golden, very proud to sit up late,
Next follows, every fern is tucked and set
Southward.

Downy and soft and warm,
No little seedling voice is heard to grieve;
No unkind complaint the folding wings beneath;
No lingering drows to stay, for well they know
The time to go.

Teach us, your patience, leave,
Dear flower, till we shall dare to part like you,
Willing, God will, sure that this clock strikes true
That His sweet day augurs a sweeter morn,
With smiles, not sorrow.

A TERRIBLE CONFESSION.

For many a long year I have carried it close locked within my heart, till it has seared both heart and brain. After begging and praying for a week they have at last allowed me pen and ink; here on this untouched white paper I can tell it all. Alice Walton was my first and only intimate friend. We were fast friends from the beginning, for she was of a sweet, guileless and clinging nature. I was naturally secretive, strong, self-reliant, and somewhat disposed to dominate those with whom I was brought in contact.

My friendship for Alice surprised myself quite as much as any one else, and I was quite as much at a loss to understand it.

Alice Walton was like a lily—fair, slender and lovely, with dove-like eyes, and hair like corn silk. I was as dark as a Spanish girl, with hair like midnight, and lustrous black eyes; and many an admirer has told me in the days of my prime that no Spanish girl could compete with my beauty or with my grace. But they were not beyond the competition of one fair girl, and she won, right under my fine eyes and in the face of my rich southern beauty, the only man whose love I craved—the one heart for which I would so gladly have exchanged my own.

When we finally said "good-bye" to school I made an express stipulation that Alice should come and stay a month with me, after she had first returned home and remained a week with her own friends. I counted the days till she came, for I really loved the girl, and longed to share with her, as a friend, a new and delicious joy which she had never known. A far-off cousin of my mother—so far as to be no relation at all—had come in my absence to spend the summer with us. Of course I had heard of him in my letters from home, and was somewhat disappointed at the prospect of having him there during Alice's stay, for hearing him always referred to as mother's cousin of course, I fancied him old and gray haired.

My satisfaction equalled my surprise when, on meeting Arthur Godfrey, I found him to be a young man of twenty-five, handsome, accomplished, gay, good humored—in short, my ideal of an elegant, well bred and refined gentleman. I was pleased enough then to call him cousin; and as I learned to know him better, more than pleased to remember that he was only a cousin by courtesy. I loved Arthur Godfrey. I believed I loved him from the first, although I did not then understand my own feelings; and I had but little doubt but what he responded to the feeling.

He was more than kind and gentle in his manner. Besides an affectionate regard for me, I thought I detected in his manner a certain deference which to my mind, indicated the tender devotion of a lover. I knew he had never cared for any woman before he met me, and I knew that I was beautiful—what woman is unconscious of her own charms? And so I felt justified in believing that Arthur cared for me, although no word of love had yet passed between us.

I told Alice nothing of this. I reserved my innocent triumph to be given in confidence during our first evening together; and, though I would have preferred to present Arthur as my affianced lover, which I almost regarded him as being, I quite intended to confess to her frankly the love for him which I had scarcely confessed to myself.

Alice was a week later than she had promised, and came unexpectedly when she did come, arriving the day before that on which she had told us she was coming. There was no one to meet her at the station; but she had been such a favorite on her previous visits that she was known to all the neighborhood, and a neighbor, who had by chance been at the station when she arrived, brought her over to us. The first I knew of her arrival was when she ran up to me where I sat with Arthur, listening while he read Tennyson in that fine, rich voice that had been the sweetest music of my

life. She hung her arms about my neck and embraced and kissed me with child-like enthusiasm. I then turned to introduce her to Arthur.

He had risen and stood gazing on her with a face illuminated with admiration—such an expression as he had never turned on me in what I thought his most fervent moments of devotion. I turned cold all over, and I felt that the color had left my face; but I struggled to retain my composure and presented them to each other. Then I turned to look again more closely at Alice.

Her gaze met his with a sweet frankness that half reflected his admiration, and the pink in her cheeks deepened to a blush.

They would love each other—they did already. I saw it and felt it then, as well as when I finally knew it by strong, passionate and ardent words; and already the dark fires of jealousy consumed my soul. I helped Alice unpack her trunk and sort her things and fold them away in the bureau drawers, or hang them up in the closet, as required; but I spoke no word of the tender confession of my love for Arthur, which I had been so long to tell her of—neither then nor any time. I never spoke of it.

The days glided by fast enough, though to misery they often drag. But my heart and brain were on fire, my thoughts flew wildly in every direction, and we were so constant that I seemed always busy.

One evening in the twilight, before the lights were brought in, I sat sad and wretched in our great long parlor, in a deep armchair in a corner of the room besides being concealed in the gloom, when Arthur and Alice entered from the garden, where they had been walking among the roses for the past hour. I was too listless and miserable—besides being horribly jealous—to care whether I played the eavesdropper or not; so I kept quite still, although I knew that I would be the listener to a lover's *tete-a-tete*.

"But, Arthur," said Alice, apparently continuing a conversation, "I thought when I saw you two together, that first day when I came, that you and Evelyn were lovers."

"We have never been so, my darling. You are my first and only love."

I think he drew her toward him then, and kissed her. Of course he did, though I could not see them, for my chair was turned from them and I dared not move. Presently Alice spoke again:

"Of course it is fortunate for me, Arthur, dear, that you should prefer my poor beauty to Evelyn's, but you know I can scarcely understand any man knowing her well and seeing her constantly without falling in love with her."

"Well, sweetheart, if I had ever known her well enough not to feel afraid of her, and grown accustomed to her style of beauty, perhaps it is just possible I might have fallen in love with her if I had never seen you, my darling."

The blood seemed to rush back upon my heart and then surge up into my brain; there was a singing in my ears, and I heard no more.

When I returned to consciousness of what was going on about me, they were gone; but I had heard enough—too much!

Till those last words of Arthur's, I had tried to bear my misery bravely in dumb despair. I had persuaded myself not only that he had not loved me but never could have loved me; that Alice was the only one he ever could have loved at all, and so I must try to bear my anguish and my disappointment as best I could—but now! Those words from him let loose a fury in me! Had he never seen her he might have loved me—his own lips had said so! Heaven knows what wild and monstrous thoughts pursued each other through my frenzied brain then. I had not hated her till now, but I hated her from that moment—wished her dead, and would have laughed and rejoiced to see her die!

The moon had risen and was flooding all the world outside in silvery light, when Alice came into the room, and approaching me gayly, cried:

"Do come down to the lake. We might have a lovely row by moonlight, for I promised not to go to bed till Arthur came back—so I could say good-night again," she added, blushing brightly.

"He has gone to the town with your brother. They must be back soon, but we might have time for a row on the lake before they arrive—do come."

I rose without a word, wound the scarlet scarf on the back of my chair about my head and neck, and prepared to accompany her.

The lake was less than ten minutes' walk from the house and all the way there Alice kept up such a run of careless talk that, in the exuberance of her spirits, she didn't notice that I had scarcely spoken at all. When we had launched the little boat and jumped in to her, of course I did all the rowing, for the delicate snowflakes of hands that held Alice's oars merely toyed with their work. But I bent to mine with a will, and being strong and muscular, although only a slight girl, we were soon far out on the water. We were nearly half way across when Alice said, suddenly, after some minutes' silence:

"Evelyn, do you know the people about here say this lake is bottomless just half way across? Isn't it absurd—a little lake like this?"

"Yes, but it's terribly deep, and we are directly over the spot now which the country folks declare goes right through to the other side of the world."

"How perfectly ridiculous—just as if that was possible. But don't lean over the boat the lake is deep enough to drown us, even if it doesn't go quite to the other side of the world."

"What nonsense, Alice. When I bathe here I often swim as far out as this and back again just for exercise."

"Very likely, my fair Amazon; but as I can't swim, I prefer not to take my bath so far away from shore—ah!"

A loud shriek from Alice as I bent still further over, and in the next moment we were struggling in the water, and the boat floated from us, bottom upward. I thought for one moment I saw the white face of Alice above the water, but in the next instant it was gone, and though I think I regretted my act as soon as it was accomplished, I could do nothing to save her. But I shrieked for help.

My brother and Arthur, who had just arrived at the edge of the lake, plunged in and swam to our assistance. With some difficulty—I presently lost my consciousness—I was brought to land. But from that hour no mortal eye has looked upon her.

WHERE THEY INNOCENT?

The case of Ryan and Oswald which at Newark is attracting as much attention abroad as it does at home. In reviewing it the New York Herald says: This case calls to mind the well known and remarkable case of the murder of the Italian organ grinder in Dublin some years ago. The boy was found dead in a vacant lot on the outskirts of the city with his throat cut. Where the body lay the branch of a young sapling had been freshly broken off. Acting on this clue the ever vigilant special detectives followed up the case, until they hunted down and arrested "on suspicion" a tinker named Cooney, a tripping "ne'er-do-well," who was given to "bad company and night walking." On searching his room the branch of the sapling, fresh from where the boy's body lay, was found under his bed. The model detectives "worked up" the case beautifully and everything was prepared for the trial and conviction of the vagrant tinker. But the story as published in the papers met the eye of Sir Frederick Hodson, the deputy lieutenant of Ireland, then in Paris. He returned immediately to Dublin, appeared at the tinker's trial and proved an effectual *alibi*. On the night of the murder he had hired Cooney to attend to his horse, and had detained him during the very hours the deed must have been committed. Cooney was acquitted. The question then arose, by whom had the twig of the sapling been placed under the tinker's bed? Investigation followed, and soon John Delahanty, one of the very detectives who had run the tinker down, was placed under arrest as the real murderer. Link followed link in the chain of evidence, and at last Delahanty confessed the crime. The special detectives, of whom he was one, enjoyed such berths, but were threatened with dishonour because they had nothing to do. In order to "make up a case" and prove the usefulness and necessity of the special forces Delahanty first cut the poor Italian boy's throat and next displayed his own efficiency by tracking the murderer. He would have hung Cooney, if he could, as remorselessly as he took the life of the unfortunate boy. Delahanty was executed for the crime. We commend the case to the consideration of Gov. Bedle. The circumstantial evidence against Ryan and Oswald was as well worked up as was the case against the Irish tinker.

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THE APPROPRIATIONS.

Ten of the regular appropriation bills were passed by congress, and show an excess over the total of the same bills at the last session of \$2,398,398.94. The army bill and the river and harbor bill failed. The following summary gives the history in brief of the bills of the present session:

THE PENSION BILL.
Reported to the house.....\$2,533,500.00
Passed the house.....2,533,500.00
Passed the senate.....2,533,500.00
As it became a law.....2,533,500.00
Law of last year.....2,533,500.00
Reduction.....1,000,000.00

THE POSTOFFICE BILL.
Reported to the house.....\$2,983,025.00
Passed the house.....3,221,618.00
Passed the senate.....3,190,593.00
As it became a law.....3,190,593.00
Law of last year.....3,285,710.00
Reduction.....1,318,000.00

THE FORTIFICATION BILL.
Reported to the house.....\$2,000,000.00
Passed the house.....2,000,000.00
Passed the senate.....2,000,000.00
As it became a law.....2,000,000.00
Law of last year.....2,150,000.00
Reduction.....150,000.00

THE CONSULAR AND DIPLOMATIC BILL.
Reported to the house.....\$1,137,065.00
Passed the house.....1,137,065.00
Passed the senate.....1,137,065.00
As it became a law.....1,137,065.00
Law of last year.....1,137,065.00
Reduction.....50,000.00

THE LEGISLATIVE, EXECUTIVE AND JUDICIAL BILL.
Reported to the house.....\$14,200,055.50
Passed the house.....14,525,935.50
Passed the senate.....16,311,986.89
As it became a law.....15,314,960.30
Law of last year.....1,573,960.00
Reduction.....28,990.70

THE INDIAN ACADEMY BILL.
Reported to the house.....\$295,161.00
Passed the house.....295,161.00
Passed the senate.....295,161.00
As it became a law.....295,161.00
Law of last year.....295,161.00
Reduction.....5,461.00

THE INDIAN BILL.
Reported to the house.....\$14,448,699.12
Passed the house.....14,448,699.12
Passed the senate.....15,154,935.49
As it became a law.....14,751,492.12
Law of last year.....15,722,762.01
Increase.....178,735.11

THE DEFICIENCY BILL.
Reported to the house.....\$1,427,197.48
Passed the house.....1,427,197.48
Passed the senate.....1,427,197.48
As it became a law.....1,427,197.48
Law of last year.....2,908,177.49
Reduction.....1,480,980.01

THE NAVAL BILL.
Reported to the house.....\$12,492,952.00
Passed the house.....12,492,952.00
Passed the senate.....12,492,952.00
As it became a law.....12,492,952.00
Law of last year.....12,472,135.40
Increase.....808,787.00

THE SUNDRY CIVIL BILL.
Reported to the house.....\$14,918,505.46
Passed the house.....15,446,897.35
Passed the senate.....18,968,517.77
As it became a law.....17,290,029.32
Law of last year.....16,351,474.58
Increase.....8,538,543.23

SUMMARY OF BILLS FOR 1877-8.
Pension bill.....\$2,533,500.00
Postoffice bill.....3,190,593.00
Fortification bill.....2,000,000.00
Consular and Diplomatic bill.....1,137,065.00
Legislative and executive bill.....15,314,960.30
Indian academy bill.....295,161.00
Indian bill.....14,751,492.12
Deficiency bill.....1,427,197.48
Naval bill.....12,492,952.00
Sundry civil bill.....15,390,229.82
Total of ten bills.....\$119,129,938.87
Total of same bills last year.....116,735,042.93

SCIENTIFIC MISCELLANY.

The prince of Wales has determined to visit Austria and New Zealand, but the date of the projected tour has not yet been decided.

In a discussion on the nature and contagion of typhoid fever, at a recent sitting of the Paris academy of sciences, M. Pasteur said that the disease would probably prove, like the silkworm disease, to be both highly contagious and infectious, and not at all epidemic, in the ordinary sense.

Caffone, the aromatic principle of coffee, may be isolated by distilling five or six pounds roasted coffee with water, agitating the aqueous distillate with ether, and afterward evaporating the ether. It is a brown oil, heavier than water, in which it is only slightly soluble. An almost impalpable quantity of this essential oil will suffice to aromatize a gallon of water.

A remarkable medical association has been formed in France, called the society of mutual autopsy. Its members, being convinced that the science of autopsiology can best be advanced by studying the brains and skulls of cultivated men of known antecedents, pledged themselves to bequeath their bodies after death for examination in the laboratory. When the autopsy is completed the body is to be disposed of in strict accordance with the written directions of the deceased.

Paleocystic means "of ancient ice." The paleocystic sea is the name given by Arctic explorer Nares to the vast accumulation of ice which kept him from discovering any thing during his last expedition. Captain Nares, believing that this "sea" has been forming for years, dignifies it with a name derived from two Greek words signifying ancient and ice. Unfortunately for the learned explorer's bantling, the dictionary had all gone to press before he returned, and the word must take its chances.

There is only the one way into the world, but avenues leading out of it are innumerable. According to the report of the register-general of England for 1874 as to the cause of mortality in that country, bronchitis heads the list with 53,000 persons, next come phthisis which answers for 49,000; atrophy and debility carried off 40,000, most young children.

Heart disease, apoplexy and paralysis are increasing; cancer, too, is growing more fatal, but consumption appears to be on the decrease. There were twenty-five boys and men, nearly all following outdoor occupations, killed by lightning. There was a death from the bite of a fox, from the bite of a rat, from the scratch of a cat, from the bite of a leech, from the sting of a hornet, and two from the sting of a wasp. There were more persons killed by horse conveyances than by railways, the former being 1,313 and the latter 1,249; eighteen persons were executed and 11,592 committed suicide.

An English mechanic has contrived to make a steam engine to do its own stoking. A large sheet-iron hopper is set above the mouth of the furnace and in front of the boiler. This is the receptacle for coals. Below the hopper a steel crusher is made to run somewhat rapidly, and, as the coals fall by reason of their own gravity upon this grinding apparatus, they are reduced to the uniform size of coals by the action of the crusher. Thence the equalized fuel drops upon a pair of iron disks, or fans inclosed in a box, and running in opposite directions at high velocity. The fans are, in fact, the furnace feeders, for as the box has but one opening, and that leads to the fire, they literally blow the coals into the latter and distribute them equally over the whole surface of the fire-bars. The feed is regulated in quantities according to the heavy or light work the engine may be doing, by means of a single adjusting screw. This is the automaton stoker. The furnace fires are fed and steam is kept up in the boiler without the turning of a shovel, and all that the fireman has to do is to smoke his pipe and whistle, "Down in a Coal-mine."

CERULEAN VERNACULAR.

Now that the public mind is occupied with the silly blue-glass mania, the following passage by Addison, from the Spectator of May 24, 1712, may be interesting. The physiologist is, to say the least, as good as Gen. Pleasonton's, and the inference that nature is best adapted, as it is, to the general health of living creatures, is, we think, at once sensible and scientific: "There are writers of great distinction who have made it an argument for Providence that the whole earth is covered with green rather than any other color as being such a right mixture of light and shade that it comforts and strengthens the eye instead of weakening or grieving it. For this reason, several painters have a green cloth hanging near them to ease the eye upon after too great an application to their coloring. A famous modern philosopher accounts for it in the following manner: All colors that are more luminous over-power and dissipate the animal spirits which are employed in sight; on the contrary, those that are more obscure do not give the animal spirits a sufficient exercise; whereas the rays that produce in us the idea of green fall upon the eye in such a due proportion that they give the animal spirits their proper play, and by keeping up the struggle in a just balance, excite a very pleasing and agreeable sensation. Let the cause be what it will, the effect is certain, for which reason the poets ascribe to this particular color the epithet of cheerful."

We are not aware what the origin of the expressions "the blues" and "blue devils" may be, but they certainly are not suggestive of cheerful associations. We occasionally have to inform correspondents that in our editorial capacity we never prescribe, but we are tempted to do so to hypochondriacs, who are always on the alert for new remedies, to try the effect of blue pill before investing in blue glass.—*Medical and Surgical Journal.*

BETTER THAN Grog.
A correspondent of the London Lancet, who owns water power mills, writes: I am frequently compelled, at this season of the year, to have men working in water even in frosty weather. I find the following allowance gives great satisfaction to the men, and we never have a case of cold or injury to the men in any way: Kettle of coffee, made with half sweet milk, half water, three or four eggs whipped poured into it when off the boil; hot toasted bread with plenty of butter of the finest quality. Serve up this every two and a half hours. The expense is much less than the usual allowance of whisky, and the men work far better, and if care is taken to have the coffee, milk (cream is still better), bread, and especially the butter, of the very finest quality, the men are delighted with it. I am persuaded it would be worth while to try this allowance instead of grog. Giving extra grog gives the men a notion that it is good for them, and perpetuates the belief in stimulants among workmen.

THE AMUSEMENTS OF THE RICH.
The following is from an article by Mr. Holland, in Scribner for March: True amusement is of two kinds, viz., active and passive. The active and weary man and woman—those who exhaust every day their vital energies in work—take naturally to passive amusement. A lady of our acquaintance, engaged daily in severe intellectual tasks, says that nothing rests her like seeing other people work. For this she goes to the theater, and the play upon her emotions there rests, and recreates her. Indeed, it is the emotional side of the nature, and not the active, which furnishes play to those who are weary with the use of their faculties. This fact covers the secret of the popular success of what is called emotional preaching. People who have been engaged all the week in exhausting labor of any kind do not take kindly to a high intellectual feast on Sunday. They want to be moved and played upon. This rests and interests them, while the profound discussion of great problems in life and religion wearies and bores them. They are not up to it. They are weary and jaded in that part of their nature which such a discussion engages. The emotions which have been blunted and suppressed by their pursuits are hungry. So every form of amusement that truly meets their wants must be emotive, and must

leave them free to rest in those faculties which are weary.

On the other hand, the young, who are brimming with animal life, and who fail to exhaust it in study, call for active amusements, and they must have them. And here the parent is in danger of making a great mistake. Unless a boy is a milk-sop, he must do something or die. If he cannot do something in his home, or in the homes of his companions, he will do something elsewhere. It is only within a few years that parents have begun to be sensible upon this matter. The billiard-table, which a few years ago was only associated with dissipation, now has an honored place and the largest room in every rich man's house. The card table, that once was a synonym of wickedness, is a part of the rich man's furniture, which his children may use at will, in the pursuit of a harmless game. A good many manufactured sins have been debarred from their fictitious life and eminence, and put to beneficial family service on behalf of the young.

Athletic sports, such as skating, boating, shooting, ball playing, running and leaping, have sprung into great prominence within the past few years—amusements of just the character for working off the excessive vitality of young men, and developing their physical power. This is all well—a reform in the right direction. Much of this is done before the public eye, and in the presence of young women, which helps to restrain all tendencies to excesses and dissipation.

The activities of young women take another direction, and nothing seems to us more hopeful than the pursuits in which they engage. The rich young woman in these days, who does not marry, busies herself in tasteful and intellectual pursuits. The reading-club, the Shakespeare club, the drawing class, and kindred associations, employ her spare time; and now there is hardly a more busy person living than the rich woman who is through with her boarding-school. The poor, who suppose that the rich young woman leads an idle life, are very much mistaken. The habits of voluntary industry now adopted and practiced by the young women of America, in good circumstances, are most gratifyingly surprising. One of them who is not so busy during the winter that she really needs a recuperating summer, is an exception. Our old ideas of the lazy, fashionable girl must be set aside. They are all at work at something. It may not bring them money, but it brings what is much better to them—the content that comes of an earnest and fruitful pursuit. It may take the form of amusement, but it results in a training for self-helpfulness and industry.

So, while not much can be done for the adult in this matter of amusement, much is done for the young, and much that will help to give us a generation of older men and women, who will not be content with the poor business of killing time. For it must be remembered that while the young women "assist" at the athletic games of the young men, the young men are indispensable to the intellectual associations of the young women. They meet together, and stimulate and help each other; and it does not seem possible that either party should ever subside into those time-killers who haunt the clubs established for men, or those jaded women who drag themselves around to dinners and lunches and thronged assemblies.

BETTER THAN Grog.
A correspondent of the London Lancet, who owns water power mills, writes: I am frequently compelled, at this season of the year, to have men working in water even in frosty weather. I find the following allowance gives great satisfaction to the men, and we never have a case of cold or injury to the men in any way: Kettle of coffee, made with half sweet milk, half water, three or four eggs whipped poured into it when off the boil; hot toasted bread with plenty of butter of the finest quality. Serve up this every two and a half hours. The expense is much less than the usual allowance of whisky, and the men work far better, and if care is taken to have the coffee, milk (cream is still better), bread, and especially the butter, of the very finest quality, the men are delighted with it. I am persuaded it would be worth while to try this allowance instead of grog. Giving extra grog gives the men a notion that it is good for them, and perpetuates the belief in stimulants among workmen.

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